

Indigenous Health Practices Used for Antifertility Among Bharias of Patakot, Madhya Pradesh, India

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ABSTRACT The rapidly growing population in developing countries and improvement in the quality and quantity of health aspects have been continuously engaging the attention of academicians, professionals and researchers. The use of indigenous health practices for anti-fertility purpose is an ancient phenomenon among tribal and other populations. From a long time tribal and forests are related to each other. Their health, day to day needs, etc. are widely influenced by the natural biodiversity and environment factors. The Bharias of Patakot are one of the most primitive tribal population of Madhya Pradesh (India). They inhabit in a remote and inaccessible ecological setup, using enormous range of wild plants for their basic needs and medicine. An attempt has been made here to explore the prospective adoption of the indigenous health practices used for the antifertility purposes among Bharias of Patakot. The present investigation is based on observations of folk healers and interview of 305 individuals.